

immediate interest to me; nevertheless I have heard of many friends who have suddenly had heart attacks or strokes and have left this world with very little time of transition, and I have always felt a certain ~~envy~~ envy of them, not knowing what may be ahead for me, but I hope and pray that no such thing will come to me in the near future for I have a great deal of work that I am extremely anxious to get done.

Most of the days lately I find that I am able to put in a full eight hours of work. I do not do this at one stretch. About every two hours I take about half an hour of rest and this is a great help, but I usually do an hour or more of work before breakfast. I work through the day, and I usually do an hour or two or more in the evening.

Until about a week or two ago it had become ^{an} my practice in recent months to listen to the local news from 6 to 6:30, at which time we are nearly always eating. Also, then to look at the national news from 6:30 until 7; sometimes we were eating during part of that time and sometimes not. And then, in recent months I have also watched for the next half hour to see the "People's Court" on channel 3 which has actual court scenes in Los Angeles, of course edited so as to pick out the most interesting parts. Usually they had one case for what there is of the half hour when ads are not being shown, or maybe they'd get through two cases. The cases are of considerable variety and have brought out a good many principles that I have found extremely interesting, so I have enjoyed watching this a good deal in recent months. However, during the last two or three weeks I have felt that it was far better, as soon as I finish eating supper to go to my desk and get some work done, and this is what I have been doing for the last week or more.