Metropolis of Egypt, to bear witness to the orthodox faith of his Krienn friend Athanacious, aginst Arianism. And they said that in a few days he converted more heathers and heretics than had otherwise been gained in the whole year.

He seems to have been a man of very unusual character. Among hundreds of these men who were of very mediocre personality, and perhpas a few that were f definitely valiant. Anthony was an outstanding unusual character. And he had great influence on the others with whom he came in contact. And when Athanacious had to flee to the desert, he came in contact with Anthony and was tremendously impressed with Anthony. And Athanacious wrote a life of St. Anthony which was translated into Latin and which was read throughout the world, the Christian world.

Anthony tells how he found Paul of Thebes. Paul of Thebes was an earlier hermit, but one who, as I said, would never have been known of if it werenot for Antony. But it is said that when he was twnety-two years of age, during the Desian persecution, in A.D. 250, Paul of Thebes had retired to a distant cave, grown franks fond of the solitude and ma lived there according to the legend 90 years. K In a grove near a srping near a palm tree, which furnished him with food, shade, and clothing. Unit1 his death in 340. They say that daily, in his later years, a raven brought him daily half a loaf as the ravens ministered to Elijah. Nobody knew of Paul, until Anthony visited him. Anthony xixx said that he knocked in vain for more than an hour, toxx at the door of the hermit. And at last he was admitted with a smiling face and greeted with a holy kiss. And Paul had not talked to anyone from the world for many years, so he had sufficient curiosity to ask the question whether there were any more idolators wiekx left in the world, whether new houses were built in ancient cities, and by whom the world was governed. And while Anthony was giving Paul a little of this information, he siad that a large raven came flying, just flying over head, and he deposited a double portion of bread. And Paul said that the Lord had been kind and merciful and had sent them dinner. It is now sixty years MINER that I have daily received half a loaf. But since thou hast come, Christ has doubled the supply for his soldiers. And so after them thanking the