I have received Christ into my heart and he gave his testimony. And the man said, That's wonderful! I'm a Christian too. The other person said, You worked beside me all these years and you never told me about it. How we are weak and frail, instead of testifying for the Lord right away aw we should.

Jonah sets us a wonderful example in many ways. Anto Another way in which he sets us an example is what I mentioned at the end of the hour Tuesday that he went down into the ship and was able to sleep calmly there in the face of that awful storm. Jonah understood that he had fled from the Lord. He understand that the Lord would probably kill him for it. He knew he deserved death, and he lay down and he slept.

It is a thing we need to develop--calmness. To develope the ability to relax in the face of difficulty. It is a tremendously helpful thing if one is going to accomplsmsh much in life. Wehad a man who used to speak to us every year in chapel. A man who had MORENEXX done a great work in founding the Summer Bible School movement. One day after he had given a fine message (he was rather well along in years) and had given a fine chapel message, he came to our house for dinner afterwards and we had a few minutes to wait before dinner would be ready. I said to him, Couldn't you take a little nap? Couldn't you lie down on the couch and rest. You must be very tired. He said, I think maybe five minutes sleep would do me good! Alright I'll take five minutes sleep. But I don't need to lie down on the couch. He just shut his eyes and within 10 seconds that fellow was fast aleep there. And in five minutes exactly he woke up! He got up refreshed. I wish I could do that.

I've never been very good at sleeping during the daytime, but I envy those who can take a nap and be refreshed and well When one is quite young one does not realize it. But as you grow older you learn ==you realize that you learn to relax and it makes all the difference in the world.

I remember well back in 1942 or 43 there was a young man who came to seminary and entered and had been with us a week when he got word from the draft board that he should go for a physical examination. So he went. He was gone for a day or two and came back and said my examination was excellent and I am to be called for service. They don't know how soon. It will be sometime within the next two or three months.

I think most of us in a situation like that, expecting to be called into the army in two or three months we'd be wondering just how soon will it be. How much more time have I got? Looking for the mail constantly. Hoping that it would not yet come. But how much study, how much work would we get done under those circumstances? This fellow said, I don't know whether I've got a week more. I don't know whether I've got three months more but I'm here in seminary; I'm taking courses They=are valuable courses whether I ever finish these particular