of us are not that way. Most of us have to have more sleep than that over the years or our bedies body doesn't stand up, and it is our responsibility before God toleam what we need, to keep our bodies well, and to take care of them, to learn what we need to keep our minds well and to take care of them, to lar-learn what we need to keep in the right spiritual relationship wx to our sax Saviour and our Lord , and to grow thereby, I heard a story once given as-which is suppose to be a beautiful example but it shocked me. It was a story fox of k a theological professor that said that somebody watched as k he studied through the evening and then the time came k and they said he just k looked up toward heaven, Lord, thou knowest all that ... between thee and me. He didn't take anymore time for prayer than that, well, everythin wont xx stay right if you don't work at it, everything x wont say-wtastay right if you don't take time to wedonfess - confess your sins to the Lord and to ask the Holaxy Spirit to searach into your mind and to de find the root of bitterness that is there that can grow and spread and injure your whole Character to find that root of the lust of the flesh or the lust of the eyes or the pride of life that can wreck your testimony for God. The Lord wants us to be fivigilant because our adversary the devil is as a roaring lion seeiking box whom he may devour, now forthunately the se days, one of the ways in which Satan is most active is to interrupt is to destroy our faith in Hiswark. And how wonderful it is that God has given us so many new evidences in recent years of the truth of His word. I would like to a call a your attention now to one which is not new, but which I think is very interesting. And I might mentionto yuto you in recent years - a recent development in connection with it. This is Ezekiel 26. There in Ezekiel 26 we read the way that the Lord told the prophet what was going to happen in the city of Tyre. Ezekiel 26. And he tells