can he know them, for they are spiritually discerned." Unless you have been born of the Spirit of God, much of the Bible is incomprehensible to you; but if you have had a new nature implanted in you and can know God as really your Father, then you are apt to find a great joy in reading God's Word.

There is a third direction which should be given to those who do not find this supreme delight in reading God's Word. It is found in Jeremiah 15.16: "Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart." If someone brought you some strawberries, and asked you to pass judgment on them, you could not do so simply by looking at them, not by smelling them, nor by feeling them -- you would have If the Word of God is to be to us the joy and to eat them. rejoicing of our hearts, we must not merely dabble at it, or glance at it, but we must chew it, and think of the meaning As Dr. Torrey was leaving a meeting once. of every word. someone stopped him asking, FTell me, in a word, how to study the Bible". Dr. Torrey answered, "If I must state in one word, the prime essential to satisfactory Bible study, that word will be, "Thoughtfully"". If we are to find our delight in the Word of God, we must read it carefully and thoughtfully. We must eat it. We must meditate on it day and night. We should have a regular time to read the Word of God, and then we should continue constantly to meditate on it.

So, if we do not find in God's Word this delight which can be derived from it, we should ask ourselves whether we really know

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