body. After all, a little more sleep will do us good, that assignment can just as well be turned in next menth or the month after, what's the difference? We'll get some pressure just before the examination, we'll get it done then, why rush now? Paul says I keep my body under, lest by any means I be found a castaway, and Christian history is strewn with castaways. We don't read a great deal about them. We hear much of Luke, we don't hear much about Demas. Just these two verses $(8\frac{1}{2})$

But if you read extensively in any period of Christian history, if you lookinto the history of Christian men, of any denomination anywhere, of any organization that has served the Lord effectively, you won't look long before you'll find men who were competent, men who were beloved, men who seemed to be accomplishing for God, who drifted aside, having loved this present world, or who failed to keep their bodies under, and they didn't hear $(9\frac{1}{4})$ of Christians. History is strewn with wrecks of this kind, and it's not only history that is strewn, it is present situations, anywhere that you want to look. I gather together with students here at Faith Seminary, I've looked them in the faces, I've seen men consecrated, anxious to serve the Lord, ready to learn and to serve to accomplish his will, and I've looked ten years later to see where they were and I've seen this man toiling to advance the Lord's work and accomplishing nothing, and I have seen this man who loved this present world, drifting, and this man who failed to keep his body under and disappearing. This man who had great potentialities, wasn't willing to give up the little satisfactions of life the flesh, enough to get down and work and use those potentialities. He could fulfil the assignment you gave him, yes, but if there's nobody standing over him with a stick giving aim an assignment he wouldn't do it $(10\frac{1}{2})$. If there's no exam period coming, that you had to be ready for, he didn't do it. And so he got in a church and he gave three/sermons and people thought he was wonderful, and then the next six weren't quite so good, and then he found that if he put a lot of energy into a thing and he just seemed to make himself, so project his personality people/liked him just as well as if he had done a lot of work. So he got by with six months of that. And then (11)